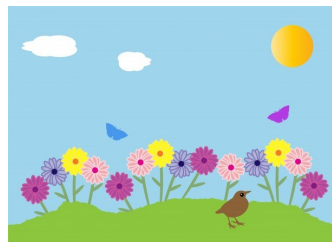



SEPTEMBER 2015



ARNOLD F. HABIG COMMUNITY CENTER
OLDER AMERICANS
 1301 St. Charles Street, Jasper, IN 47546
 Phone: 812-482-4455
 Web Site: www.jasperindiana.gov

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------|---|---|--|--|--|-----|
| |  | 1 10:00 Tender Loving Crafts 11:15 Blood Pressure Check 12:00 BINGO | 2 9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Hand & Foot | 3 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney | 4 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Phase 10 12:00 Reservations due Lunch Bunch ✓ | 5 |
| 6 Center Open 1-4 | 7 LABOR DAY CENTER CLOSED | 8 10:00 Tender Loving Crafts 12:30 Scrabble 12:30 Hearts | 9 9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Tripoley | 10 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club | 11 8:30 Mah Jongg 10:00 Singing Seniors 11:00 Lunch Bunch 12:30 Pay Me | 12 |
| 13 Center Open 1-4 | 14 9:00 Exercise Class 9:45 Exercise Class 12:30 Texas Holdem 3:00 RSVP Catered Meal ✓ | 15 8:30 Healthy State of Mind ✓ 10:00 Tender Loving Crafts 12:30 Scrabble 12:30 Dominoes | 16 9-10:30 Free Computer Assistance 9:30 Leave Armory for Derby Dinner ✓ 12:30 Mah Jongg 12:30 Golf | 17 9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot | 18 8:30 Mah Jongg 10:00 Singing Seniors at St. Charles 12:30 Hearts | 19 |
| 20 Center Open 1-4 | 21 9:00 Exercise Class 9:45 Exercise Class 12:30 Phase 10 | 22 7:30 Sign up Nashville Trip ✓ 10:00 Tender Loving Crafts 11:15 Blood Pressure Check 12:00 BINGO | 23 9-10:30 Free Computer Assistance 12:00 Catered Meal 12:30 Mah Jongg 12:30 Pay Me | 24 9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney | 25 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Tripoley | 26 |
| 27 Center Open 1-4 | 28 9:00 Exercise Class 9:45 Exercise Class 12:30 Golf | 29 10:00 Tender Loving Crafts 11:15 Blood Pressure Check 12:00 BINGO | 30 9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Dominoes | Staff Carie Dick-Director Bev Hinkle-Assistant Director Cheri Brosmer-Receptionist | Van Drivers: Tanya Jackson & Bernie Schaeffer | |

SEPTEMBER HOMEBOUND 2015

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---|---|--|--|--|-----|
| | | 1 Pork BBQ Baked Beans German Potato Salad Pineapple Juice Wheat Bread | 2 Chicken & Rice Broccoli Hot spiced pears Wheat bread | 3 Breaded Cod Mixed Vegetables Seasoned Potatoes Grandmas Cookies Wheat Bread | 4 Sloppy Joe Cheese Potatoes Peas Fresh Apple Bun | 5 |
| 6 | 7 CLOSED LABOR DAY | 8 Beef Stew Corn Biscuits Pineapple Juice | 9 Ham & Beans Cornbread Collard Greens Oatmeal Pie | 10 Hamburger Potatoes Green Beans Granola Bar Wheat Bread | 11 Grilled Cheese Sandwich Soup Peaches Crackers/Cookie | 12 |
| 13 | 14 Hot Dogs Baked Beans Sauerkraut Pineapple Bun | 15 Cheese Omelet Potato Rounds Stewed Tomatoes Orange Juice Wheat Bread | 16 Pasta Casserole Cauliflower Hot Wheat Roll Pudding | 17 Meatloaf Diced Potatoes Corn Graham Crackers Wheat Bread | 18 Chicken Salad Peaches Salad Potato Chips Wheat Bread | 19 |
| 20 | 21 Salisbury St/Gravy Mashed Potatoes Vegetable Blend Mixed Fruit Wheat Bread | 22 Parmesan Chicken Carrots Potatoes Grape Juice Wheat Bread | 23 Teriyaki Chicken Sliced Potatoes Lima Beans Pears Wheat Bread | 24 BBQ Rib Broccoli Yam Patties Granola Bar Wheat Bread | 25 Lasagna Roll Ups Corn Salad Hot Applesauce Wheat Roll | 26 |
| 27 | 28 Swedish Meatballs Broccoli Carrots Mixed Fruit Wheat Bread | 29 Pork BBQ Baked Beans German Potato Salad Pineapple Juice Wheat Bread | 30 Ham & Potato Casserole Peas Hot Wheat Roll Pudding | Dubois, Daviess, Martin, Pike GENERATIONS NUTRITION Menu Subject to Change with- out notice. Meals served with milk & margarine | | |

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



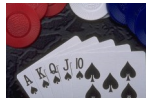
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Summer weather.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



**RAINBOW MESSENGER
SEPTEMBER 2015**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every **Tuesday morning from 10 to 12.** Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.
September 1 - 5 X 7 Canvas Art
September 8 - Clay Cut Outs
September 15 - Angel Dolls
September 22 - Ceramic Clowns
September 29 - "Catch Up"



- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at St. Charles Health Campus on Friday, September 18th



- **BINGO:** Will be played at 12 p.m. **Tuesdays, September 1st, 22nd, and 29th.** We ask you to keep bills to \$5's and under as we pay out 100% and do not have change . Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

| B I N G O | | | | | | | | | |
|-----------|----|----|----|----|----|------------|--|--|--|
| 7 | 25 | 44 | 57 | 62 | | | | | |
| 15 | 22 | 40 | 50 | 70 | | | | | |
| 11 | 30 | | | 46 | 74 | FREE SPACE | | | |
| 2 | 28 | 37 | 55 | 68 | | | | | |
| 10 | 27 | 39 | 59 | 75 | | | | | |

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays September 1st, 22nd, and 29th.**



- **EXERCISE CLASS:** Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **EXERCISE CLASS** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.



CARD TOURNEYS



- **Thursday, September 3rd**
Cinch Tourney
- **Thursday, September 10th**
Rum Tourney
- **Thursday, September 17th**
Sheephead Tourney
- **Thursday, September 24th**
Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, September 14th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives the cash prize. **Reservations are due by 10 a.m. the morning you play.**
- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Tuesday, September 15th and Wednesday, September 30th.** It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play.**
- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. Friday, September 11th and Wednesday, September 23rd.** Please let us know by 10 a.m. if you are coming in to play.

RAINBOW MESSENGER

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. Wednesday, September 9th and Friday, September 25th.** We have a lot of fun! **Please call in by 10 a.m. game day if you would like to play.**



- **SCRABBLE:** How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesdays, September 8th and 15th.** We have a lot of fun! **Please sign-up by 10 a.m. game day if you plan to attend.**
- **PHASE-10:** Will be played Friday, September 4th and Monday, September 21st at **12:30 p.m.** It is a fun easy card game, **Please call in by 10:00 a.m. if you would like to play.**
- **HEARTS:** Is a fun game we will play at **12:30 p.m. Tuesday, September 8th and Friday, September 18th.** This game is easy to learn and very enjoyable. **Call in by 10:00 a.m. if you will be able to play.**
- **GOLF:** The card game will be played **Wednesday, September 16th and Monday, September 28th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. to sign up.**

- **HAND AND FOOT:** A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us Wednesday, September 2nd and Thursday, September 17th at 12:30 p.m. Please call in by 10:00 a.m. if you would like to play.
- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing, Baseball, Zumba & Just Dance are available for you to play.
- **PUZZLES:** We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.
- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. If you can play on Wednesday please call in by 10 a.m. to let us know.** New players welcome.

RAINBOW MESSENGER

SPECIAL ACTIVITIES

- **LUNCH BUNCH:** Meet at Villa Pizzeria, Friday, September 11 at 11:00 a.m. They offer a lunch buffet for \$7.50 with water or \$9.00 with drink. It includes pizza bar, salad bar and cinnamon sticks. As always the meal is "dutch treat". **Reservations are due by 12:00 p.m. Friday, September 4th.** Come enjoy good food and visit with old friends & make new ones!



- **CATERED MEAL:** Will be held at 12:00 Wednesday, September 23rd with Schnitzelbank Catering preparing the meal. The menu will be: Chicken & Dumplings, mashed potatoes with brown gravy, green beans, California medley with cheese on the side, creamy cole slaw, biscuits, apple butter, and unsweetened iced tea. Cost of the meal is \$8.00.
- Please make your reservations by 3:00 p.m. Monday, September 14th.



- **BOOK CLUB:** Will discuss "The Castaways" by Elin Hilderbrand at 12:30 p.m. Thursday, September 10th. The October book will be "The Forgotten", by David Baldacci. Army Special Agent John Puller has investigated some tough crimes facing our nation. This investigation is personal. Paradise is not what it seems. Be sure to read this book. It will keep your interest from beginning to end. See what happens! New members are always welcome. **(Meeting in The Library at Center)**



TRIPS

Derby Dinner Trip

Church Basement Ladies Last (Potluck) Supper

Derby Dinner Trip is on Wednesday, September 16th. Bus will leave the Jasper Armory at 9:30 a.m. for the Derby Dinner Playhouse with pickup at Huntingburg Methodist Church at 9:45. Please note corrected date of September 16th.

6th Annual

Healthy State of Mind

Will be held Tuesday, September 15th . Doors open at 8:30 a.m. end time approx. 2:30 p.m. This will be at the Huntingburg Event Center. There are great speakers, vendors and door prizes lined up for a fun and informative day! **There is a \$10.00 admission fee. Call the Habig Center to register. The deadline for reservations is Friday, September 4th.**

OCTOBER

Nashville, Indiana Wednesday, October 21st

Nashville, Indiana trip is planned for Wednesday, October 21st. Leave the Armory at 8:30 a.m. You will have the day to leisurely visit the unique shops at little Nashville , eat where you wish, and enjoy the pretty fall foliage. We will board the coach at 3:00 p.m. for the ride home. We should return around 4:30 or 5:00. Cost of the trip will be \$32.00 for transportation. Sign-ups start by phone at 7:30 a.m. on Tuesday, September 22nd. Money is due to the center by 3:00 on Friday, October 2nd.

• **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

• **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



• **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

• Free beginner and intermediate bridge lessons. Call Cindy Kluemper at (812)482-3299 or Mary Ann Seng at (812)482-1101

HAPPY BIRTHDAY

SEPTEMBER



| | |
|------|------------------|
| 6th | Betty Kempf |
| 9th | Leroy Voegerl |
| 11th | Nora Schaeffer |
| 11th | Pat Sermersheim |
| 13th | Diann Zehr |
| 13th | Shirley Hurst |
| 15th | Mary Bachman |
| 15th | Sandy Emerson |
| 17th | Harlan Wittwer |
| 18th | Betty Gehlhausen |
| 20th | Barbara Hoffman |
| 22th | Bernie Vogler |
| 22nd | Tom Fehribach |
| 22nd | Vicki Welp |
| 23rd | Herb Welp |
| 23rd | Anna Mae Pund |
| 24th | Marge Bohnert |
| 25th | JoEllen Carrico |
| 25th | Sally Lindauer |
| 30th | Margie Ranger |

Anniversaries

SEPTEMBER

| | |
|-----|--------------------------|
| 5th | Dan & Brenda Schitter |
| 5th | Jim & Mick Gramelspacher |
| 6th | Virgil & Clara Messmer |
| 8th | Herb & Ida Mae Welp |
| 9th | Leroy & Lorine Voegerl |



Recipe Exchange

Walnut Apple Dessert

Ingredients:

8 cups peeled sliced tart apples
(about 6 medium)
2 1/4 cups packed brown sugar, divided
2 teaspoons ground cinnamon
1 cup butter or margarine, softened
2 Eggs
2 cups all-purpose flour
1 cup finely chopped walnuts, divided

Directions: Place apples in a greased 13" X 9" baking dish. Sprinkle with 1/4 cup brown sugar and cinnamon. In a mixing bowl, cream butter and remaining brown sugar. Add eggs, stir in flour and 1/2 cup walnuts. Spread over apples. Sprinkle with remaining walnuts.

Bake at 350 degrees for 45-55 minutes or until the apples are tender. Serve warm with ice cream if desired. Yield 12-16 servings.

Submitted from: Taste of Home Magazine

Have a good recipe to share? We would be happy to publish it.



There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others.

Call the Center at 683-2994 to make reservations for the Card Tournaments held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



There will be Bingo all 5 Wednesdays, in September



Ocean City, MD trip September 20—25
The Huntingburg Senior Center **WILL BE** open that week as usual

A picnic in the park will be held, Thursday, October 1, from 11 to 4. Menu will include grilled hamburgers and hot dogs, chips, baked beans, tea and lemonade. There will be horse shoes, mini golf, cornhole, and hillybilly golf. Reservations to be made by Monday, September 28, if you plan to attend.

HUNTINGBURG SENIOR CENTER SEPTEMBER 2015

The Huntingburg Senior Center now has games and activities available for those who don't play cards.

| | | |
|------------------|---------------------|---------|
| Battleship | Boggle | Skip-Bo |
| Chinese Checkers | Dominoes | Uno |
| Mastermind | Monopoly | Sorry |
| Rummikub | Left, Right, Center | |
| Yahtzee | Puzzle books | |
| Sudoku | Left, Right | |

Deer in the Headlights - A card & dice game.
Several have learned to play this and really enjoyed it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

Puzzle: We have one started, come in and help put it together!



CARRY-IN LUNCH

Thursday, September 10th. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



Don't quit walking just because the gym is closed. Walking trails are available in the City and around the county so you can continue your fitness routine.



**** Get your Blood Pressure Checked****
First Wednesday of the month from 12:30 - 1:00 p.m.

SEPTEMBER BIRTHDAYS

Jerry Reller - 7th
Linda Braun - 12th
Harold Hoing - 28th
Mary Ann Williams - 28th
Melba Montgomery - 29th





SEPTEMBER 2015

HUNTINGBURG SENIOR CENTER

| Sun | Mon 10-5 | Tue | Wed 10-5 | Thu 10-5 | Fri | Sat |
|-----|---|--------------|---|--|--------------|-----|
| | Huntingburg Senior Center 309 N Geiger St Huntingburg, IN 47542 812-683-2994 Rita: 812-309-9576 | 1 CLOSED | 2 12:30 –1 Blood Pressure Checks 1:00 BINGO Sponsor: HLS 2:00 Cards & Games | 3 12:00 Cards & Games | 4 CLOSED | 5 |
| 6 | 7 CENTER CLOSED LABOR DAY | 8 CLOSED | 9 1:00 BINGO Sponsor: ViaQuest 2:00 Cards & Games | 10 12:00 Carry In Lunch Sponsor: St. Charles 1:00 Cards & Games | 11 CLOSED | 12 |
| 13 | 14 12:30 Euchre Tourney Sponsor: The Timbers | 15 CLOSED | 16 1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games | 17 12:00 Cards & Games | 18 CLOSED | 19 |
| 20 | 21 12:30 Cinch Tourney Sponsor: Northwood | 22 CLOSED | 23 1:00 BINGO Sponsor: The Waters | 24 CLOSED | 25 CLOSED | 26 |
| 27 | 28 12:30 Euchre Tourney Sponsor: ViaQuest | 29 CLOSED | 30 1:00 BINGO 2:00 Cards & Games | | | |